

MONKEY POX

01

Monkeypox What we know!

The thought of Monkeypox and its disfiguring effects is very worrying on the best of days. Let's be aware of all the signs and symptoms.

02

Introducing our newest client!

A new client is always a breath of fresh air and an awesome boost to our company profile. We're thankful to be on the up and up!

Hi

OH NO! MONKEYPOX

It's a given guys; we are officially living in the age of viral pandemics. First it was the deadly Covid19, and now, we are looking down the barrel of a "new" gun, fully loaded with Monkeypox.

In this edition of SMNEWS, we delve into some of the basics of this disfiguring sickness. Given its particularly heinous qualities, this is one virus we should try our best to avoid or seek treatment quickly. So, we've gone all out to bring you some information that should assist you to identify signs and symptoms sooner than later.

On a lighter note, we are happy to share information on our newest client. Yesssss! We have awesome news!

STOP
MONKEYPOX VIRUS



MONKEYPOX

Visually Painful

The most obvious and most traumatic symptom of Monkeypox are the rashes and skin blisters that leave people traumatised. But don't despair. This can be treated and symptoms managed.

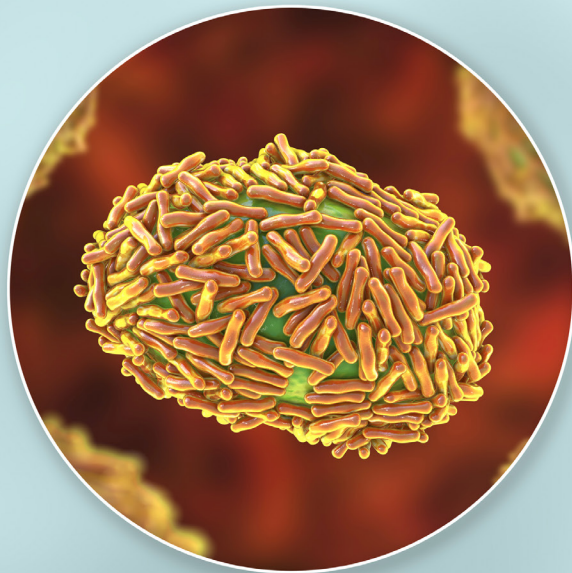


Willias
Managing Director

Quotes I love:

"The happiness of your life depends upon the quality of your thoughts: therefore, guard accordingly, and take care that you entertain no notions unsuitable to virtue and reasonable nature." - Marcus Aurelius

Monkeypox



Hi Good People. Willias here! On behalf of the entire team, I hope and trust that you are all well, safe and doing great! I must admit that as we were putting together this bulletin, it was a little depressing to think that our pages can't be entirely dedicated to happiness. We too have to join the rest of the world in creating awareness around Monkeypox. I'm reminded of the old saying "*out of the frying pan and into the fire*". I can't help but think that just as we are adjusting to a kind of managed situation with one pandemic, another is flaring up! This forces us to keep the cap of caution on as we go about the good work of SMResources. According to the **World Health Organisation**, herewith the **KEY FACTS**:

- Vaccines used during the smallpox eradication programme also provided protection against monkeypox. Newer vaccines have been developed of which one has been approved for prevention of monkeypox
- Monkeypox is caused by monkeypox virus, a member of the Orthopoxvirus genus in the family Poxviridae.
- Monkeypox is usually a self-limited disease with the symptoms lasting from 2 to 4 weeks. Severe cases can occur. In recent

times, the case fatality ratio has been around 3–6%.

- Monkeypox is transmitted to humans through close contact with an infected person or animal, or with material contaminated with the virus.
- Monkeypox virus is transmitted from one person to another by close contact with lesions, body fluids, respiratory droplets and contaminated materials such as bedding.
- Monkeypox is a viral zoonotic disease that occurs primarily in tropical rainforest areas of central and west Africa and is occasionally exported to other regions.
- An antiviral agent developed for the treatment of smallpox has also been licensed for the treatment of monkeypox.
- The clinical presentation of monkeypox resembles that of smallpox, a related orthopoxvirus infection which was declared eradicated worldwide in 1980. Monkeypox is less contagious than smallpox and causes less severe illness.
- Monkeypox typically presents clinically with fever, rash and swollen lymph nodes and may lead to a range of medical complications.

- WORLD HEALTH ORGANISATION



Healthcare Workers and MONKEYPOX

As with Covid19, being on the frontline in any healthcare setting puts us all at a greater risk of catching Monkeypox. So what do we do? PLEASE TAKE THESE TWO COURSES:

Hi Team! Babylon here!

We are pleased to invite all of you to attend 2 Free Online Course on Monkeypox. These courses are:

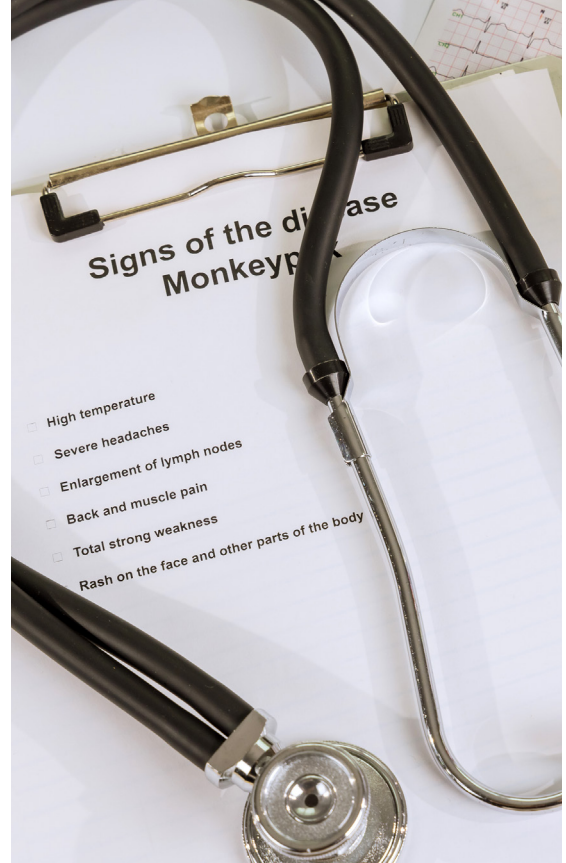
1. Monkeypox: Introductory course for African outbreak contexts (entry level, 1 hour) <https://openwho.org/courses/monkeypox-introduction>
2. Monkeypox: Epidemiology, preparedness and response for African outbreak contexts (Intermediate, 3 hours) <https://openwho.org/courses/monkeypox-intermediate>

These courses were prepared for the African context in 2020 and 2021, since this virus is usually an African problem. However, the information remains relevant for all countries since the outbreak is spreading

rapidly outside of the African continent. On completion, you will earn a WHO Badge that you can share on your social media profiles and add to your CV. We would also love to share your badges on our own social pages. Please do forward them to us once done.

These courses will equip you all with a wealth of information in preparation for the global fight that seems to be emerging.

WHO advises; "Health workers caring for patients with suspected or confirmed monkeypox virus infection, or handling specimens from them, should implement standard infection control precautions. *If possible, persons previously vaccinated against smallpox should be selected to care for the patient.*" - World Health Organisation



Please send us your badges once you have completed the 2 online courses. Please send to: hr@smresources.co.uk

“ Our **TEAM** are our greatest and most reliable, **BRAND GURUS.** Thank you for flying our flag high! - Babs & Wills ”

*Never stop
learning,
BECAUSE LIFE
NEVER STOPS
teaching.*

Shout Out To:

The Entire SMResources Family

You are all amazing Brand Ambassadors. We appreciate the hard work you do in our name and on our behalf. We also invite you to nominate each other for recognition. To do so, please email hr@smresources.co.uk before the next issue comes out!





A very warm & hearty welcome to Elysium Healthcare Ltd

We are so proud to be providing our services to our newest client, Elysium Healthcare Ltd. This is a wonderful achievement and will bolster our reach and widen our areas of operation. They are in 10 countries operating 530 healthcare sites.

More About Elysium:

"At Elysium Healthcare we put the individual at the heart of all aspects of the care we deliver.

Across our specialist hospitals, residential settings and community-

based homes, our team of expert clinicians and therapists work together to provide holistic, person-centred care as part of complete care pathway for individuals with diverse and complex needs.

We focus on achieving personalised outcomes that are appropriate for each individual we support across our four divisions of Mental Health and Wellbeing, Learning Disabilities and Autism, Neurological and Children and Education."

- www.elysiumhealthcare.co.uk

Congratulations Platinum Jubilee



Congratulations to the Queen for 70 years of graceful leadership.

Fun Quick Facts:

- The Queen is the only British monarch who has ever celebrated a platinum jubilee. Other British monarchs have failed to reach such a milestone.
- The Queen ascended to the throne on 6 February 1952.
- The Queen is the only person in the UK who does not need to have a driver's license in order to drive on public roads.
- Before she became Queen Elizabeth, Princess Elizabeth volunteered as a truck driver and mechanic during World War II. This made her the first female member of the royal family to serve in the military.
- After her father became King in 1936, Princess Elizabeth began studying constitutional history and law. Her Majesty also studied French, German and music when she was educated at home.



Mutsa Kada
Human Resources

MANDATORY TRAINING UPDATES

- Please ensure you remain relevant by always completing any due mandatory training.
- If any courses you have done have reached their expiry date, please quickly contact me to assist you.
- Always improve yourselves through self-introspection and continuous professional development.





Your Shifts Be credible & be on time!

- Plan ahead to avoid delays in reaching our client premises.
- Clients don't like staff who are late. It lets down the entire team and delays others who need to knock off.
- When you know you won't make it on time, it's good courtesy to let us know so that we can touch base with the client.



Cleanliness is a must!

- We are stating the obvious and perhaps preaching to the choir, but we will still go ahead and emphasise the importance of good hygiene practices.
- Please don't wake up and go to work without taking a bath / shower. It's just not becoming in our industry. Only the highest standard of hygiene is expected.
- Use a mild deoderant as some patients cannot tolerate strong fragrances.

Florence Nightingale a master & promoter of Hand Hygiene

We all know that Florence Nightingale was a trendsetter in our field. Her impact on Public Health is still with us today. She was also a proponent of good hand hygiene to prevent the spread of disease. In her book **Notes on Nursing (1860)**, she wrote that:

"Every nurse ought to be careful to wash her hands very frequently during the day. If her face, too, so much the better."

Florence Nightingale had introduced good hygiene practices inclusive of hand washing in the British Army healthcare institutions between 1853 – 1856. Perhaps she had adopted this from Dr. Semmelweis who in 1840 noted how simply handwashing had made a difference to death rates on various maternity wards he worked on.

So let's not let down our clients today by not practicing good hygiene! - Mutsa Kada (HR)



WHERE IS MY WORKPLACE



Elysium Healthcare
Various Locations

www.elysiumhealthcare.co.uk/locations/



Ellern Mede;
Moorgate, Barnet, & Ridgeway



The Rotherham NHS Foundation
Trust:
Rotherham



Inmind Healthcare:
Battersea Bridge House - Battersea
Southleigh Community Hospital - Croydon



Fernbank Nursing Home:
West Finchley



Green Lodge
London



Oakdene Respite Care
Tooting Broadway, London



Sequence Care Group
London



Time 4 U limited
Chatham, Kent



World Continence Week 20 - 26 June 2022

This year World Continence Week will take place from Monday 20th to Sunday 26th June 2022.

"The World Federation of Incontinence and Pelvic Problems (WFIPP) is behind this initiative. It is for people living with incontinence and pelvic floor dysfunction. The vision of WFIPP is to create a world where people living with all forms of pelvic floor dysfunction(s) can enjoy a high quality of life, play an active role in society and have access to appropriate treatments."
- <https://wfipp.org/>

We all know that incontinence is a cruel condition that brings a lot of embarrassment to sufferers. We, as Healthcare Professionals need to work with them with compassion and sensitivity. "Continence is the ability to control your bladder and bowel. Incontinence is the involuntary loss of bladder and bowel control."
- <https://www.continence.org.au>

As **SMResources** we shall be supporting this initiative via our social platforms.



DeafBlind Awareness Week

27 June - 03 July 2022

Deafblindness is far more common than many people realise... around 400,000 people are affected by sight and hearing loss in the UK. That's enough to fill Wembley Stadium nearly five times!

- <https://deafblind.org.uk>

Our cool signature this month



We all know someone who is either deaf or blind, or both. We all have a duty of care to assist and respect them. They are one of us. We know it can initially feel a bit weird to get comfortable with this disability, but that's mainly because we are misinformed and have developed the wrong perceptions. Deafblind people want to be treated no differently than any other person. Their only ask is that we accommodate their disability, for example, in providing wheelchair friendly entrance access. There is so much that we are ignorant of. Did you know that a white cane and a red cane mean different things? A white cane indicates blindness. A red cane with white stripes indicates a person is deafblind.

There are some deafblind folks who actually don't use canes. You might not even be aware that someone is deafblind. In all that we do, we

need to be open minded and inclusive. We need to be observant and sensitive.

"Each year during Deafblind Awareness Week we run events, activities and campaigns to raise awareness of dual sensory loss. We aim to inspire those living with deafblindness and to raise awareness of dual sensory loss. Deafblind Awareness Week is always at the end of June to commemorate Helen Keller's birthday, 27th June. Helen Keller's work made a huge difference to the field of sight and hearing loss. Without her efforts, the world today may be very different for deafblind people."

- <https://deafblind.org.uk>

As SMResources, we will also be participating in this initiative via our social platforms. This campaign is also running on our signatures.



Safety & Security FIRST!!

- Please wear your Photo identification card at all times within the work premises!
- Keep your personal belongings safe and secure at all times.
- Close your office window and lock your door, even if only out for a minute.
- Do not leave anything visible in your car, clothing is the second most stolen item.
- Report all breaches of security & weaknesses in security to your line manager immediately.
- Challenge unknown people in your workplace IF SAFE TO DO SO.
- Use existing security systems such as access control, alarm systems, personal alarms, locks.
- Always think safety, be aware of your surroundings and be safe.
- Report all incidents of violence and aggression, loss and theft on the DATIX system.
- Ensure your escape route is clear when dealing with service users and the public.
- Teamwork, Vigilance and Common Sense tightens Safety and Security at work.





KINDNESS,
A LANGUAGE
DEAF PEOPLE
CAN HEAR AND BLIND SEE
× × . . . × ×

HEALTHCARE HEROES
Thank you