

# **SMNEWS**

SMRESOURCES SMNEWS NEWSLETTER / NO. 2 OF 2022 (AUG/SEP 2022)



#### Immunization Awareness Month

Immunization Awareness Month (August) is a global initiative to encourage up-to-date immunizations for everyone, regardless of age!

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### Congratulating the Lionesses

We join the rest of England in celebrating that marvelous victory in Womens Football. Its a jolly big HOORAH!

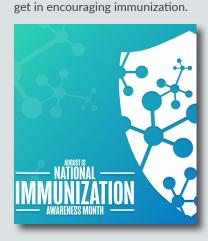
## JABS,

Its Immunization Awareness Month! This is celebrated in August of each year!

Immunization is the most important thing we can do to protect ourselves and our children from disease. It prevents nearly 3 million deaths worldwide each year. Since the introduction of vaccines in Britain, diseases such as smallpox, polio and tetanus that killed or maimed millions have disappeared or become very rare. Measles and other diseases such as diphtheria have decreased by 99%

since the introduction of the vaccines. There is therefore only goodness and good health that we

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# RECOMMENDED VACCINES FOR HEALTHCARE WORKERS



**Willias**Managing Director

It's important for children to be vaccinated so that they have the opportunity to become adults." — Brad McKay, Fake Medicine



Hi Lood People. Willias here! On behalf of the entire team, I hope and trust that you are all well, safe and doing great! Its Immunization Awareness Month as as such, our theme this month revolves around this

As healthcare workers, we are at risk of serious and sometimes fatal diseases. Working directly with patients or handling substances that can spread infection, always means we are in a high risk category. We should be properly vaccinated to reduce our chances of contracting or spreading a vaccine-preventable disease. We must always work to protect ourselves, our patients and of course, our families.

Now its important to note that there are degrees of risk.. some of us are more exposed than others. Healthcare workers include doctors, nurses, first responders, dentists and students, medical and nursing students, laboratory technicians, pharmacists, hospital volunteers, support assistants, HCAs and administrative staff. We leave no one out in terms of the risk. We therefore should all be fully immunized. We know you have all had the Covid19 vaccine so we will list a few others that are also as important. This is not an exhaustive list but is perhaps the most common in terms of recommendations.

#### **KEY VACCINES FOR HEALTHCARE WORKERS:**

- Hepatitis B Vaccination: Hepatitis B is a serious disease caused by a virus that attacks the liver. This virus can cause lifelong infection, cirrhosis (scarring), liver cancer, liver failure, and death.
- Flu (Influenza): We all know this one very well! It is an infectious
  respiratory disease caused by an influenza virus that affects the
  nose, throat, and sometimes the lungs. The best way to prevent
  the flu is to get vaccinated every year.
- MMR (Measles, Mumps, & Rubella): Measles is a highly contagious disease. It spreads through the air when an infected person coughs or sneezes. Measles starts with a cough, runny nose, red eyes and fever. Then a rash appears with small, red spots.
- Varicella (Chickenpox): Most of us have had this as a child.
   Chickenpox is a highly contagious disease caused by the varicella-zoster virus (VZV). It causes an itchy, blister-like rash.
- Tdap (Tetanus, Diphtheria, Pertussis): The Tdap vaccine helps protect healthcare professionals from pertussis and prevents its spread to patients.



### **IS POLIO BACK?**

### **New York & London**

"Health officials say the polio virus was present in a New York City suburb's wastewater a month before a case was detected in July," - BBC

"The case - the first in the US since 2013 - was found in an unnamed patient in Rockland County.

Officials say no new cases have been identified, and it is not yet clear whether it is actively spreading.

Polio was largely eradicated from the US by a vaccination campaign that began in 1955.

According to the US Centres for Disease Control and Prevention (CDC), the presence of polio in the community's wastewater suggests there may be others who are shedding the virus in their stool.

Officials last month said the Rockland County patient was unvaccinated, and said the man was likely exposed to an individual who received a vaccine that contains the weakened live virus. Laboratory tests found the strain in the confirmed case was genetically linked to one found in Israel, though that does not mean the patient had travelled there, officials said. It was also linked to samples of the virus in the United Kingdom. Last month, UK health officials said that the virus that causes polio was detected in a concerning number of sewage samples in London.

There is no cure for polio, but it can be prevented by a vaccine. Mostly affecting children, it causes muscle weakness and paralysis, and in the most serious cases permanent disability and death.

An inactivated polio vaccine is used in both the US and the UK as part of the routine childhood programme. "

- Source: BBC News



Polio vaccines are vaccines used to prevent poliomyelitis. Two types are used: an inactivated poliovirus given by injection and a weakened poliovirus given by mouth. - Wikipedia

# Our TEAM are our greatest and most reliable, BRAND GURUS.

Thank you for flying our

flag high! - Babs & Wills





#### **Shout Out To:**

The Enlire SMResources Family

You are all amazing Brand Ambassadors. We appreciate the hard work you do in our name and on our behalf. We also invite you to nominate each other for recognition. To do so, please email hr@smresources.co.uk before the next issue comes out!





### **World Health Organisation**

#### declares global health EMERGENCY

It was a good thing that we spent some time on Monkeypox in our last issue. Like you, we have been worried about this disease. It seems as though we are yet to jump off the pandemic rollercoaster.

The World Health Organisation has gone ahead to declare Monkeypox a global health emergency. This should trigger all nations of the world to act fast to get systems in place to be able to deal with yet another global crisis in health.

Unfortunately, Monkeypox has not been without any deaths. Spain and

Brazil have just reported their first deaths.

"Last week, WHO director general Dr Tedros Adhanom Ghebreyesus said declaring the outbreak a global health emergency would help speed up the development of vaccines and the implementation of measures to limit the spread of the virus. Dr Tedros said the risk of monkeypox is moderate globally, but high in Europe." - BBC Once again, we put our faith in big pharma and world leaders to develop vaccines that will help stop Monkeypox.

# **Congratulations The Lionesses**



Congratulations to the Lionesses for their impressive victory!

#### **Quick Interesting Facts:**

- Each player took home £67,000 after the Euro 2022 victory (and this
  is one fact we should not be proud of as it is much less than what the
  men would earn!!!)
- Most players will average about 10km per game. Goalkeepers will average about 4km per game.
- Before 1970, Women's Football was banned for a whole 50 years!
   Imagine that!!
- Chloe Kelly who scored the winning goal was a substitute throughout the tournament. Her winning goal propelled her to stardom!





**Mutsa Kada** Human Resources

#### **MANDATORY TRAINING UPDATES**

- Please ensure you remain relevant by always completing any due mandatory training.
- If any courses you have done have reached their expiry date, please quickly contact me to assist you.
- Always improve yourselves through self-introspection and continuous professional development.

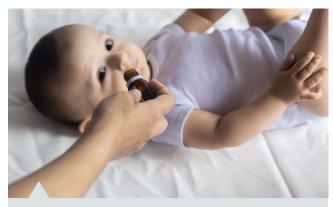




# Vaccines Recommended for Adults in the UK

- At age **50**, you need to consider having the flu vaccine, and then annually thereafter.
- At the cool age of **65**, you should have the Pneumococcal (PPV) vaccine.
- At the awesome age of 70. you should have the Shingles vaccine.

For more on these recommendations, please visit the NHS website.



#### Vaccines for Babies under 1

- At **8** weeks: 6-in-1 vaccine Rotavirus vaccine MenB
- At 12 weeks:
   6-in-1 vaccine (2nd dose)
   Pneumococcal (PCV) vaccine
   Rotavirus vaccine (2nd dose)
- At 16 weeks: 6-in-1 vaccine (3rd dose) MenB (2nd dose)

# Vaccines for Children between 1 - 15 years

- 1 year
   Hib/MenC (1st dose)
   MMR (1st dose)
   Pneumococcal (PCV) vaccine (2nd dose)
   MenB (3rd dose)
- 2 to 10 years
  Flu vaccine (every year)
- **3** years and **4** months

  MMR (2nd dose)

  4-in-1 pre-school booster
- 12 to 13 years
  HPV vaccine
- 14 years
  3-in-1 teenage booster
  MenACWY



# WHERE IS MY WORKPLACE



Elysium Healthcare Various Locations www.elysiumhealthcare.co.uk/locations



Ellern Mede; Moorgate, Barnet, & Ridgeway



The Rotherham NHS Foundation Trust: Rotheram



Inmind Healthcare:
Battersea Bridge House - Battersea
Southleigh Community Hospital - Croydon



Fernbank Nursing Home: West Finchley



Green Lodge London



Oakdene Respite Care Tooting Broadway, London



Sequence Care Group London



Time 4 U limited Chatham, Kent



### Immunization options for Pregnant Women

All expecting mommas are expected to seek advice from the NHS or their healthcare practitioner on vaccines.

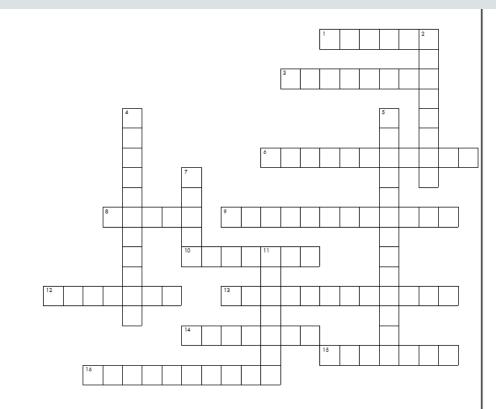
Certain vaccines are safe recommended to keep women and babies healthy before, during, and after pregnancy. The antibodies that mothers make in response to these vaccines not only protect their babies, they cross the placenta and help protect them from serious illness from the start. Vaccinations during pregnancy help protect mothers from serious diseases that can be passed on to their newborns. he NHS and the CDC both recommend the following 2 vaccines for pregnant women, but in all instances, professional medical advice must be sought first:

- During flu season Flu vaccine
  The flu vaccine protects both mom and
  baby for for several months after birth
  from flu-related complications.
- Whooping cough (pertussis) vaccine.

This vaccine is recommended regardless of how long it has been since mom previously received it.



# Test Your KNOWLEDGE SMResources Vaccine Puzzle



#### Across: →

- 1. You really don't want a dog bite
- 3. The Spanish said "dont spit"
- 6. It has a group A
- 8. Found in the Big Apple sewers of late
- 9. Eddie Cantor triggered this campaign
- 10. It can pass from animals to humans
- 12. There were 7 pandemics of this disease
- 13. Dr. Robert Koch was key to this discovery
- 14. It evolved from rinderpest
- 15. Many reactions at the injection site
- 16. In 1735 it swept through New England

#### Down: <sup>↓</sup>

- 2. It was eradicated
- 4. The best company to work for
- 5. Referred to it as "quinte"
- 7. Usually occurs in West Africa
- 11. Ten-year-old Robert Weller had it



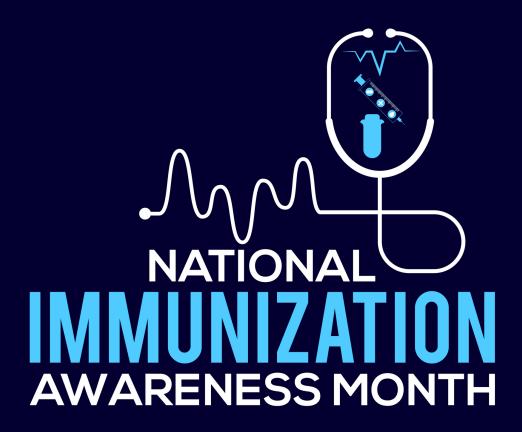


# Safety & Security FIRST!!

- Please wear your Photo identification card at all times within the work premises!
- Keep your personal belongings safe and secure at all times.
- Close your office window and lock your door, even if only out for a minute.
- Do not leave anything visible in your car, clothing is the second most stolen item.
- Report all breaches of security & weaknesses in security to your line manager immediately.
- Challenge unknown people in your workplace IF SAFE TO DO SO.
- Use existing security systems such as access control, alarm systems, personal alarms, locks.
- Always think safety, be aware of your surroundings and be safe.
- Report all incidents of violence and aggression, loss and theft on the DATIX system.
- Ensure your escape route is clear when dealing with service users and the public.
- Teamwork, Vigilance and Common Sense tightens Safety and Security at work.











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